

Program Rules and Behavioral Guidelines

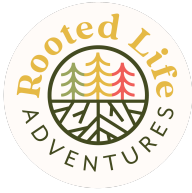
Each student is responsible for understanding, acknowledging and following the Program Rules and Behavioral Guidelines.

Level 1- Breach of a Program Rule is grounds for immediate dismissal from the program.

Level 2- Breach of a Behavioral Guideline has potential for immediate dismissal or will result in a verbal warning or written Student Agreement which identifies behavior or concerns, outlines steps to correct or make amends, and states clear consequences if steps are not met. Parents are notified whenever a Student Agreement is issued. Continued violation will result in dismissal from the program.

Program Rules- Level 1

- **No Illegal activity**
Rooted Life Adventures does not tolerate any illegal activity on the program. In the event that a student is arrested in a foreign country for illegal activity including possession or use of narcotics (marijuana in many program countries is considered illegal), the student will be under the jurisdiction of local authorities.
- **No alcohol, no smoking, no vaping, no unprescribed drugs or abuse of prescribed drugs**
Rooted Life Adventures does not tolerate possession or consumption of alcohol, tobacco, marijuana or any abuse of prescribed or prescribed drugs. . This also includes having any knowledge of or being in proximity to others in possession of or consuming alcohol, tobacco, marijuana, or unprescribed drugs.
- **No bullying, no exclusivity, no sexual assault, sexual misconduct**
Bullying, intimidation, harassment, aggression, physical abuse, or discrimination by gender, ethnicity, religion, sexual orientation, or wealth/status will not be tolerated. No exclusive or sexual relationships inside or outside the group; sexual misconduct; viewing pornography
- **Students need to be able to keep themselves and others safe on the program.**
This includes but is not limited to: No risk-taking, disruptive or harmful behavior Not listening to a program instructor's direction; leaving the group or group accommodation without a program instructor; Possession or purchase of any weapon; any behavior posing any safety risk to self or others.



Behavioral Guidelines- Level 2

Participation:

We expect students to engage in all program activities and experiences, and to be open to learning and challenging their ideas and assumptions.

Our programs are a shared group experience. We expect you to join the program with an open mind, and a willingness to work together with your group mates, and support each other, to make the program an incredible experience for the whole group. We expect students to be good ethical bystanders, attending to the well-being of all group members (E.g. Taking appropriate action when other group members put themselves at risk – including breaking program rules).

Honest, open, and respectful communication and behavior with your program instructors and group mates is essential.

Buddy System:

Rooted Life adventures strongly uses the buddy system. Anytime the group is away from the immediate home every member must always be with at least one other group member, especially during swimming activities. You must also notify a program instructor of your intentions when roaming any distance away from main group accommodation and must always remain on the property unless the group is departing together.

Treat yourself and others with respect:

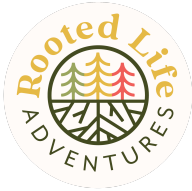
This includes put-downs, exclusive behaviour, romantic behavior, gossip, speaking disrespectfully, having a respectful attitude etc

Technology:

Students must bring their phones on the program for safe travel, however, they will be turned in upon program arrival. Students will be able to use their phones during the program for 2 hours per week: 1 hour to meet with their therapist virtually and 1 additional hour per week to catch up with family or friends. Phones will be returned to students on program departure day. No laptops or ipads are permitted. Cameras and Kindles are allowed.

Taking responsibility:

- Be responsible for all your own possessions at all times.
- Take responsibility for your own health and well-being. Communicate clearly and promptly with your program instructors regarding any health or medical issues
- Take responsibility for the administration and care of any medications you need.
- Be responsible for communicating your dietary preferences, allergies, health issues, concerns, and emotional well-being to program instructors and Wellness Director.
- Timeliness – be ready on time when a time has been set for an activity. Be responsible for adhering to the daily schedule with correct gear
- Be proactive in helping out with group tasks and helping others.



Response to Rule Breaking

The response to rule breaking will depend upon a consideration of the following factors:

- Seriousness of rule-breaking
- Degree of risk-taking involved
- Maturity level of student/s involved
- Honesty and forthrightness of students involved
- Attitude of student/s involved
- Willingness of student/s to adhere to rules/guidelines going forward
- Impact of rule-breaking upon the group, instructors or host communities

There are four levels of response to rule-breaking.

Verbal Warning

For minor infractions, Program Instructors and Wellness Liaison will meet with student/s and point out where their behaviour is outside of the program rules, behaviour guidelines or group agreement, and discuss alternative behaviour options.

Student Agreement

A written Student Agreement will be used for situations of rule breaking, or on-going attitudinal problems. When a Student Agreement is issued, the family of the student will be notified and the family therapist consulted. This is to be used as a tool and opportunity to correct behavior, learn new behavior skills, and repair relationships. A Student Agreement may also serve as a final warning and this will be made clear to a student and their family when issued.

Final Warning

If the negative behavior persists after a Students Agreement has been issued, a final warning will be given. The parents and therapist will be notified and consulted in order to allow wrap-around support to ensure the student is supplied with all of the tools to successfully complete the program.

Dismissal

Our aim is to have 100% of our students complete their program, however this is not always the case. Once the decision has been made to dismiss a student, Rooted Life Adventures will inform the student's family and therapist and Travel Agent to organize travel arrangements and logistics of the dismissal. Our general requirement is that the student departure occurs within 48 hours. Rooted Life Adventures will help the student(s) to get to the airport for their departure.

Please refer to the Terms and Conditions for further details regarding Dismissal or Discharge